

# Integrated Wellness Center

## NOTICE OF PRIVACY PRACTICES

This notice describes how your medical information may be legally used and disclosed.

### The Health Insurance Portability and Accountability Act (HIPAA)

HIPAA is a federal program that requires all medical records and other individually identifiable health information used or disclosed in any form, whether electronically, on paper, or orally are kept properly confidential.

### Our pledge regarding your medical information:

We respect our legal obligation to keep your health information private. We will not use or disclose your information without your written permission. However, in limited situations (as described below) the law requires us to disclose information without written or verbal consent.

### Information on use and disclosure without consent

In limited situation, the law requires information be disclosed without your permission:

- When a state or federal law mandates that certain health information be reported for a specific purpose.
- For public health purposes, such as contagious disease reporting.
- Disclosure to government authorities regarding victims of abuse, neglect, or domestic violence.
- Uses and disclosure for health oversight activities, or investigation of possible health and law violations.
- Disclosure in response to subpoenas or orders of the court.
- Disclosure for law enforcement, such as to provide information regarding someone suspected to be a victim of crime, or to provide information about a crime in our office.
- Disclosure related to Worker's Compensation programs.

### Your rights regarding your health information:

You may exercise these rights by presenting a written request to the Privacy Officer.

- The right to ask for confidential communication, such as by phoning you at work rather than at home.
- The right to see photocopies of your health information.
- The right to receive documented accounts of all disclosure pertaining to your health information.

For more information on privacy practices:

Privacy Officer c/o Julie Rosenblatt  
206-842-4219

For more information on HIPAA:

US Dept. of Health and Human Services  
Toll Free 877-696-6775

Please sign to acknowledge that you have read and understand the privacy practices.

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Integrated Wellness Center

At Integrated Wellness Center, we want you to know from the beginning the concepts that are central to the way in which we practice chiropractic healing. Please take a few minutes to read the statements below so we can all be in alignment of purpose from the very beginning.

- There is an innate intelligence within each individual, which not only keeps that person alive, but also animates, coordinates, repairs, renews, empowers, and heals them.
- The nervous system is a main coordinating center for this innate intelligence, as well as all other body processes.
- Alterations in the shape, position, tone, or tension of the nervous system, particularly in the spine, will block, inhibit, or redirect the expression of this intelligence.
- Subluxation of the spine is interference to the proper functioning of the nervous system and its ability to send, receive, and coordinate life force and this intelligence.
- Proper coordination, movement, healing, repair, inspiration, empowerment, and genetic potential cannot be expressed when this life power and intelligence are blocked or redirected.
- Everyone, in spite of specific symptoms or ailments, can benefit from a nervous system that is more flexible, elastic, and free of vertebral subluxation.
- While symptoms are not necessarily a sign of illness, they can occur to alert the individual to a need for change.
- Being free of symptoms does not necessarily equal being “healthy”.
- Specific locations or severity of symptoms does not correlate to specific subluxation needing adjustment.
- Consistent with these concepts, we are committed to helping each patient in our practice achieve a greater level of wellness, personal growth, empowerment, and healing by locating and adjusting with the technique that most honors that individual.
- IWC stands apart from other offices in that our practitioners share information with each other on patients to ensure the best care for each individual. If you do not want our practitioners to share your information with each other, please let your wishes be known.

I, \_\_\_\_\_, have read this statement of purpose and understand its contents. I understand that the spinal adjustments offered in this office are not a replacement for any form of diagnosis or treatment rendered by other types of practitioners. This office offers chiropractic care as a form of wellness and preventive care to promote the natural mechanisms of self-healing and empowerment.